

Family Caregivers may receive up to \$400 for Respite Care



Are you caring for a relative in your household who has a disability or chronic condition? Learn how to apply for up to \$400 in reimbursement for respite services.

The Virginia Department for Aging and Rehabilitative Services is offering up to \$400 in reimbursement per family for respite services to assist Virginians with disabilities or chronic conditions and the family members who provide their care. Priority will be given to assisting caregivers for loved ones with dementia, as well as helping grandparents or relative caregivers providing care to a child under age 18 or an individual between the ages of 19 to 59 who has a severe disability.

Respite care is care provided to someone with special needs as temporary relief to a family caregiver. Respite care can be for different periods of time, from a few hours to days or weeks.

To apply for the Virginia Lifespan Respite Voucher Program:

- You must be a Virginia caregiver of a child, or an adult, who reside full-time in your household.
- The primary caregiver for the person receiving care must apply for the funds. You may receive up to one \$400.00 benefit.
- You may not use voucher funds to reimburse household expenses or daycare; for example, so that the caregiver can go to work.
- Not everyone who applies will be approved and those who have benefited from the program in the past will be ineligible for the current program.

To learn how to apply, visit www.vda.virginia.gov, call toll free at (800) 552-3402 or send an email to nick.slentz@dars.virginia.gov for information on the Virginia Lifespan Respite Voucher Program.

