



Fiscal Year 2017 - 2018

OUR YEAR IN REVIEW



We honored Mary Lou Seilheimer, Dick Batiste, Diane King, Doug Schiffman and Valerie Cruz at our **"Five Over Fifty"** award celebration for their extraordinary contributions to our community.

Our Director, Carol Simpson, met with over **20 area physicians** and their staffs to educate them on available resources for their older patients.

540 older adults connected with community resources from 65 exhibitors at the 6th annual **"Art of Aging" EXPO**



"We so appreciate the opportunity to screen individuals at the **Art of Aging Expo**. We typically see 8-12 people in a four-hour event, and today we screened over 40! Can't wait for next year!"
-Lions Club volunteer on Sight and Hearing Bus.

Funds received by Aging Together from the Virginia Department of Rail and Public Transportation provide fuel, insurance and maintenance for Area Agency on Aging's 7 wheelchair vans, as well as funds for recruitment and recognition of **volunteer drivers**.

AGING TOGETHER SUPPORTS OLDER ADULTS AND CAREGIVERS

Nearly 400 attendees benefitted from 10 **County programs** on such topics as safe medication use, avoiding scams and identity theft, how to use a cell phone, and driving as we age.



Fun, food and fellowship was had by all at the 10th annual **"Senior Prom"**

Aging Together County **teams grew to over 200 partners**, including law enforcement, county officials, hospital representatives and insurance brokers.

"Thank you for your recent article in **Warrenton Lifestyle** magazine. The information was invaluable in pointing me in the right direction as I care for my parents."

"I learned a tremendous amount about how to better care for my nursing home residents from this conference! I can't wait to try these new techniques!"
—one of 374 registrants at our **Teepa Snow training** in June.

AGING TOGETHER is a collaborative effort to help our localities prepare for unprecedented growth in the older population. We seek to assure that local residents will have the services and supports they need as they age in Culpeper, Fauquier, Madison, Orange and Rappahannock Counties. This partnership is built on an alliance of organizations and individuals who actively participate in one or more county-based teams and regional committees and work together across agencies, counties, and interest areas. Members include older adults, caregivers, hospital representatives, service providers, faith community leaders, members of law enforcement, local governments and others. Using this unique model of collaboration at both local and regional levels, Aging Together has changed the way our communities do business and has been looked to at both State and national levels as a leader in the field of aging.

WHAT WE DO

- Host active “work teams” in each county that in turn increase information and coordination of services for older adults and their families.
- Serve as a catalyst to strengthen community-based supports that enhance choice and quality of life for older adults and caregivers.
- Foster increased opportunities for community engagement, volunteerism and social interaction.
- Promote optimal health and wellness by increasing awareness of and connections to services.
- Provide expertise and a voice for older persons to help our communities plan for the future.

HOW WE DO IT

- Convene project partners, potential funders and local government.
- Locate resources, best practices and other related information.
- Gather data on aging issues for needs assessments, grants, projects and planning.
- Mobilize volunteers (Aging Together team members) to address community needs.
- Organize and distribute information across a broad variety of stakeholders.
- Keep issues of aging in front of the media, local government officials, and the public.

WHAT'S AHEAD FOR AGING TOGETHER?

We are excited to announce that Aging Together has partnered with the PATH Foundation to conduct a comprehensive needs assessment of our area's seniors. As part of that process, we will be conducting **“Community Conversations”** in each of our five Counties to hear directly from older adults as to what they see as local strengths, gaps and opportunities. We will let you know when we have dates and locations for these conversations and hope you will join us!

Based on the success of our 2016 and 2018 **dementia care conferences** with Teepa Snow, we have engaged Ms. Snow to return on July 17, 2019. Details on this all-day training program to follow....

On November 3, 2018, we held our first annual **caregivers forum**, “Navigating the Maze of Caregiving Options: Care Enough to Know”. With high marks from the 65 attendees, we will be planning a second forum in 2019. If you are a caregiver, let us know what topics you'd like to learn about.

*Aging Together depends on donations from the public to supplement county, business and foundation contributions.
We are a 501(c)3 charity and donations are tax deductible as allowed by law.*

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