

AGING TOGETHER'S COUNTY TEAMS CHARTER

MISSION OF AGING TOGETHER

AGING TOGETHER THROUGH PARTNERSHIPS CONNECTS PEOPLE TO COMMUNITIES AND TO RESOURCES TO IMPROVE QUALITY OF LIFE AS WE AGE.

VISION OF AGING TOGETHER

AGE FRIENDLY COMMUNITIES THAT ACTIVELY ENGAGE, VALUE AND SUPPORT OLDER ADULTS

Aging Together's County Teams provide the ideal resolution to the challenge of reaching our vision for Age-Friendly communities. Age-Friendly communities are "Livable" which, by definition, enable citizens to thrive across their lifespan and age in community. To have an effective model, communities must have multiple relevant attributes in place that support the aging person's ability to stay home. Since Aging Together serves an expansive region, we steadfastly believe that those who work and live in a particular community are best able to define its needs and gaps in services, removing the deficiency of "one-answer-fixes-all". To that end we have a separate Team in each of our five counties. These County Teams consist of volunteers who are older adults, and/or service providers.

TEAM CHARTER:

The County Team provides a forum for local organizations and individuals to focus on support for older residents and to address needs and solutions that go beyond what any one organization can do on its own. We promote positive aging through Livable Aging Communities that support aging in place and quality of life.

- 1. Track unmet needs and changing needs
- 2. Track resources available to local residents
- 3. Share above information with each other and with the public
- 4. Identify possible solutions/resource options and commit to take action as appropriate
- 5. Organize and host educational programs (caregiver workshop, etc.)
- 6. Through AT staff, partner with local organizations to seek funds, research information on similar projects elsewhere, etc.
- 7. Outreach to older adults to become involved with the teams

Examples of activities of the County Teams include:

- Mailing postcards to residents of all counties with important contact information for older adults
- Partnering with area professionals to plan educational programs for seniors and their caregivers
- Planning and hosting caregiver programs for both professional and family caregivers
- · Partnering for Veterans support and Health Fairs
- Planning and hosting events specific to various groups such as Veterans
- Hosting guest speakers on relevant topics such as dementia
- Finding ways to assure isolated seniors are connected with programs like "iPads for Seniors"
- Create resource guides as necessary
- Partnering with local TRIAD programs
- Supporting services to help with transportation and food delivery
- Planning and/or sponsoring Aging Together's signature annual events such as:
 - Five Over Fifty Awards
 - o The Senior Prom
 - The Art of Aging Expo

<u>APPLICATION FOR TEAM MEMBERS</u> NAME: ADDRESS: **EMAIL** PHONE Retired? _____ Or: BUSINESS NAME AND DESCRIPTION: FOR PROFIT / NON-PROFIT? **GOVERNMENT AGENCY?** Company ADDRESS: COUNTY TEAM (s) YOU WOULD LIKE TO JOIN (may join multiple) Culpeper Orange Fauquier Madison Rappahannock Why would you like to join the Aging Together Team? What contribution(s) are you able to bring to the team? ** Please note that team members are encouraged to attend at least 8 meetings per year ** Are you interested in continuing or becoming a County Team Leader by attending monthly team meetings and as many monthly regional coalition meetings as able (2-year commitment) AND, serving on the Program, Planning, and Advocacy Committee for the Aging Together Board of Directors? Culpeper Orange Fauquier Madison Rappahannock