



AGING TOGETHER ANNUAL MEETING

SEPTEMBER 14, 2023



**AGING
TOGETHER'S
MISSION**

**Aging Together through
partnerships connects
people to communities
and resources to
improve quality
of life as we age.**



**AGING
TOGETHER'S
VISION**

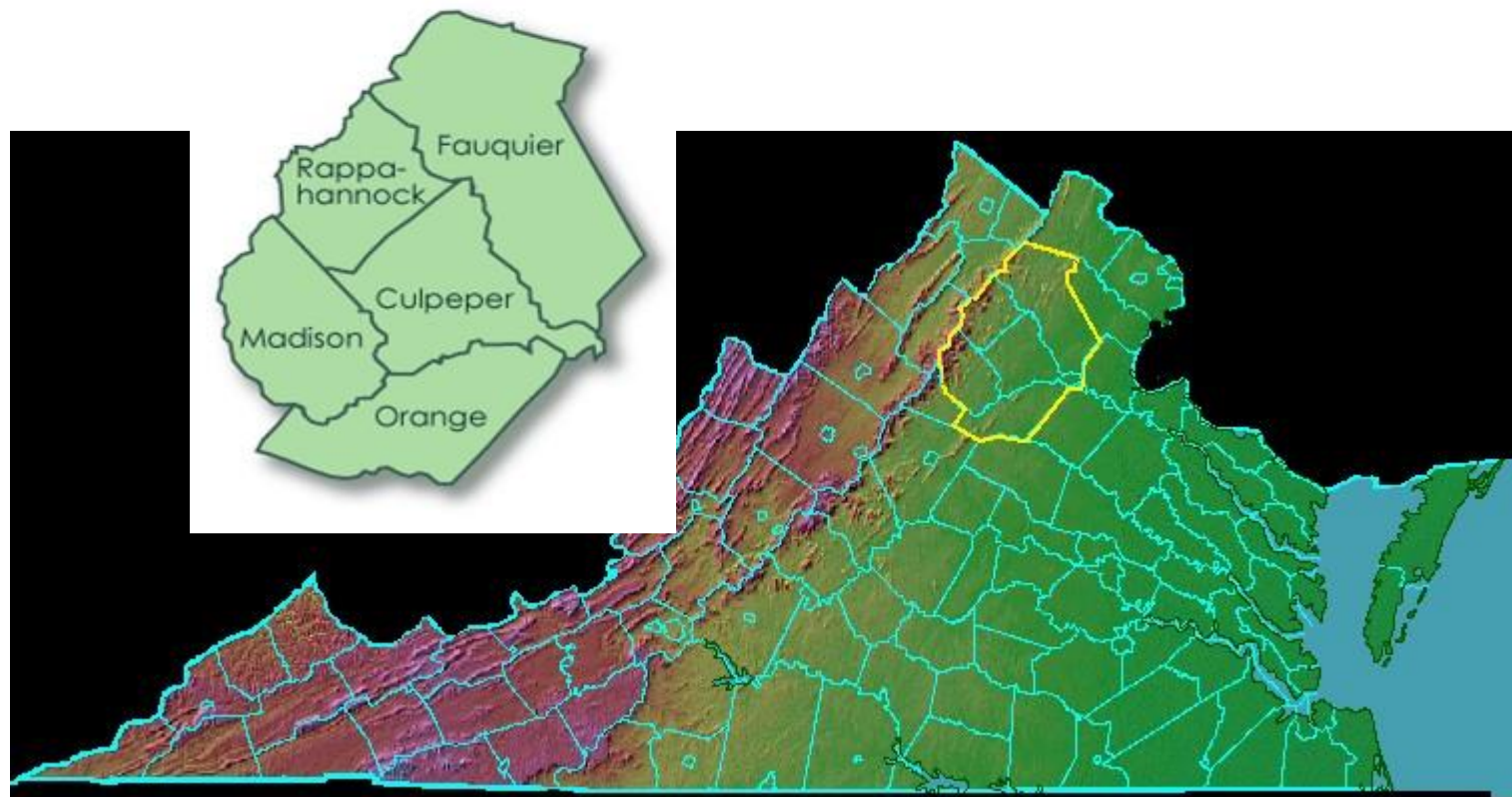
**Age friendly
communities that
actively engage, value,
and support older
adults**



Diversity, Equity, Inclusion Statement

AT THE CORE OF AGING TOGETHER'S VALUES IS RESPECT FOR ALL PEOPLE. WE BELIEVE THAT WHEN PEOPLE FEEL ACCEPTED AND INCLUDED, THEY ARE MORE SUCCESSFUL IN RECEIVING AND DEVELOPING PROGRAMS AND RESOURCES THAT HELP EVERYONE. WHILE WE HAVE MORE WORK TO DO TO ADVANCE DIVERSITY AND INCLUSION, WE'RE INVESTING TO MOVE OUR ORGANIZATION AND COMMUNITIES FORWARD.

Rappahannock Rapidan Region of Virginia





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STRATEGIC PLAN GOALS FOR OUR COMMUNITIES 2023-2026

Goal 1: To support health, safety and quality of life for older adults and their families.

Goal 2: To promote the value that older adults bring to the community and to create opportunities for full engagement with all ages.

Goal 3: To champion community response to the challenges facing older adults.

Goal 4: Assure sustainability of Aging Together as a valued community resource.

STRATAGY HIGHLIGHTS 2023-2026

- ▶ Support age friendly communities throughout the region
- ▶ Explore workforce development issues and strategies for support
- ▶ Raise awareness of dementia through Dementia Friends; Dementia Friendly; and the work of the Piedmont Dementia Education committee.
- ▶ Connect older adults and caregivers to needed resources and information through the Regional Resource Guide for Older Adults; The Art of Aging Expos; Social Isolation initiatives
- ▶ Explore the need for comprehensive retirement planning to include emotional, psycho-social, spiritual, etc. Explore best practice programs and models.

STRATEGAGY HIGHLIGHTS 2023-2026

- ▶ Educate and raise awareness about the housing needs of older adults and work with community partners to enact change (through the work of Senior Services Collaborative)
- ▶ Promote an effective range of services to support the needs, preferences, and quality of life of older adults (through the work of the Senior Services Collaborative)
- ▶ Work with advocacy groups to address legislative issues related to aging issues
- ▶ Advocacy at the federal, state, and local level (through the Senior Services Collaborative)



AGING UNBOUND

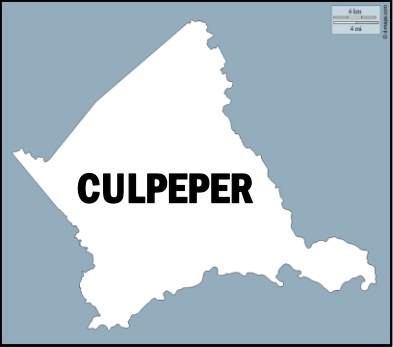
MAY IS OLDER AMERICANS MONTH.




				
CULPEPER Perry Smiley	FAUQUIER Darlene Kelly	MADISON Scott Bennett	ORANGE Lee Frame	RAPPAHANNOCK Barbara Adolfi

AGING TOGETHER'S COUNTY TEAMS


Anna Rogers, County Resource Specialist




CULPEPER




Liesa Dodson



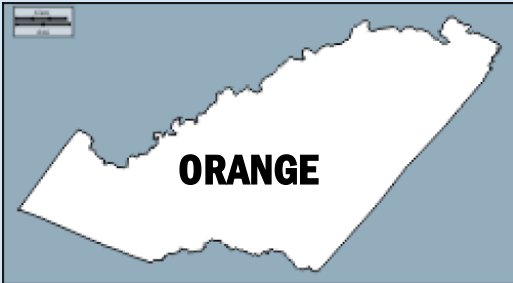
FAUQUIER




Mark Harvey




MADISON




ORANGE



Annette Putman



RAPPAHANNOCK



Sallie Morgan

PARTNERS



encompass
—Community Supports—

Formerly Known As –
Rappahannock-Rapidan Community Services



PATH FOUNDATION



CULPEPER
MEDIA NETWORK



THE SENIOR SERVICES COLLABORATIVE

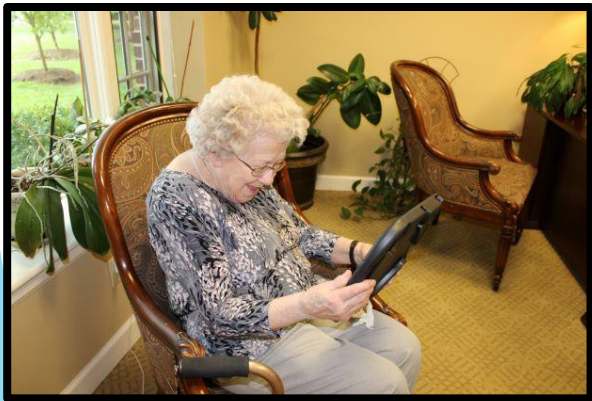


- ❑ Social Isolation
- ❑ Housing and housing supports
- ❑ Advocacy

THE SENIOR SERVICES COLLABORATIVE HIGHLIGHTS



- Homecare Companion Program
- Meal delivery program
- Creation of the Regional Resource Guide for Older Adults
- Generations Central Adult Day Center



PARTNERSHIPS



DEMENTIA FRIENDLY INITIATIVE



OUTREACH

- ▶ Increase in data base
- ▶ Increase in social media
- ▶ # of people reached through resource guide
- ▶ # of people reached through educational webinars
- ▶ # of people reached through signature events (5 Over 50; Expos; Conference)

AGING TOGETHER IN THE COMMUNITY

- ▶ AARP Rural Lab
- ▶ Caregiver coalition through DARS
- ▶ Culpeper Chamber Non-Profit Council
- ▶ Healthy Culpeper
- ▶ Lead Culpeper
- ▶ Madison United
- ▶ Mason Music – Music and Memory Project
- ▶ PATH Advisory Committee
- ▶ PACH – Piedmont Area Coalition on Hunger
- ▶ PCR Fauquier
- ▶ Piedmont Dementia Education Committee
- ▶ Rappahannock Roundtable for Behavioral Health
- ▶ Rappahannock Rapidan Community Services Aging Advisory Council
- ▶ TRIAD – Orange



Aging Together

impact by the numbers

361

CALLS OR EMAILS
TO AGING
TOGETHER TO
RECEIVE HELP
WITH RESOURCES

161

PEOPLE HAVE
COMPLETED A
DEMENTIA FRIENDS
INFORMATION
SESSION

7500

2ND EDITION
REGIONAL
RESOURCE GUIDE FOR
OLDER ADULTS
PRINTED

316

PEOPLE
ATTENDED
MULTIPLE EXPOS
AROUND THE
REGION



450

PEOPLE
ATTENDED FREE
EDUCATIONAL &
SUPPORT
PROGRAMS

315

PEOPLE ATTENDED
REGIONAL WATCH
PARTIES IN PERSON
TO CELEBRATE
AGING TOGETHER'S
5 OVER 50
HONOREES

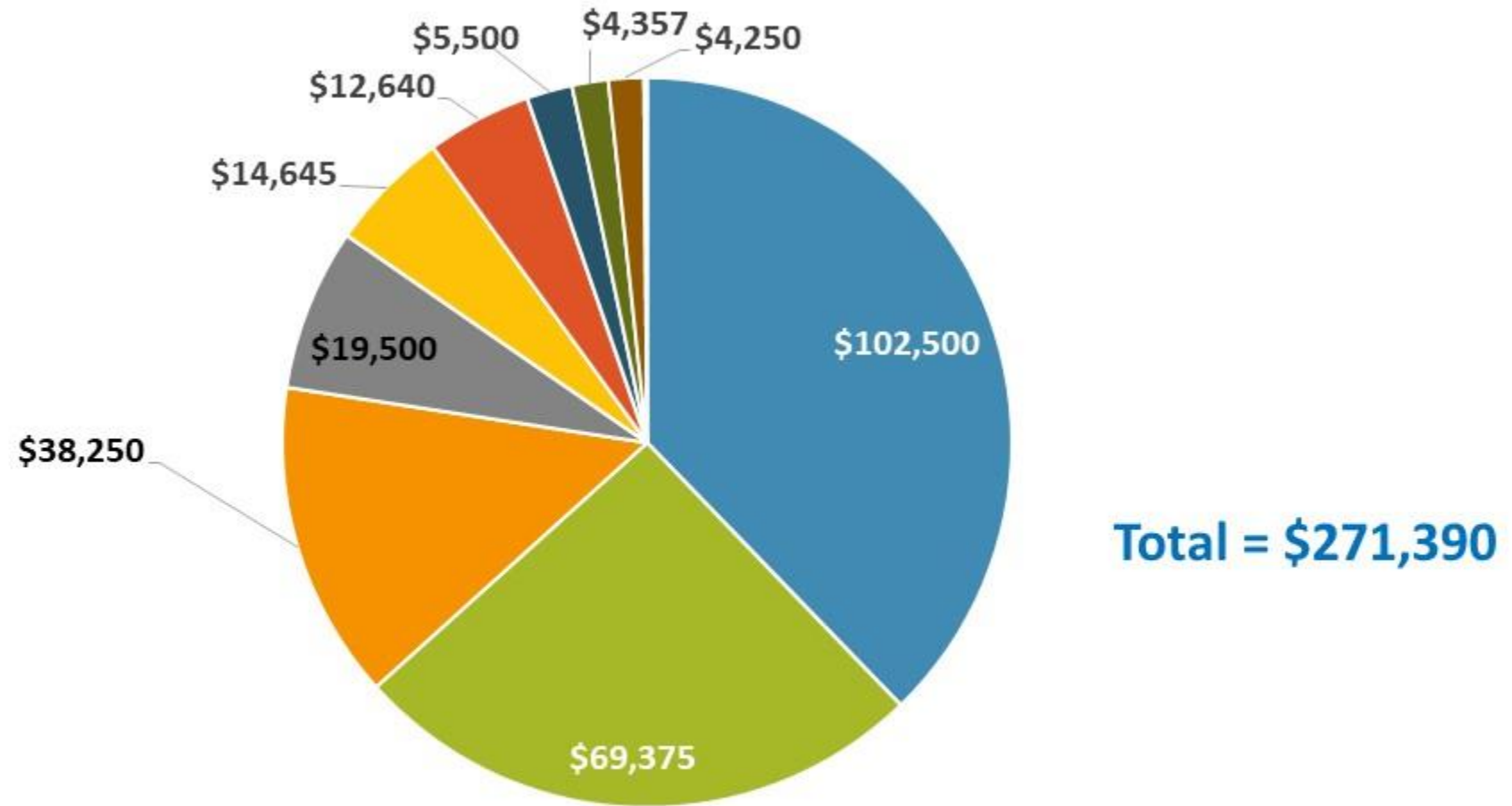
725

PEOPLE LEARNED
ABOUT
THE MISSION OF
AGING TOGETHER AT
COMMUNITY
PRESENTATIONS &
HEALTH FAIRS

8593

FREE RIDES PROVIDED
THROUGH THE
REGIONAL
TRANSPORTION
COLLABORATIVE
PARTNERSHIP

Aging Together Revenue FY2022-2023



- PATH Foundation
- Local County Contributions
- Individual & Corporate Donations
- Government Agency Grants
- Resource Guide Ads

- Rappahannock Rapidan Regional Commission
- Non Government Grants
- Special Events
- Give Local Piedmont
- Other (\$372)



UPCOMING EVENTS AND PROGRAMS

- **The Art of Aging Lifestyle and Wellness Expos:**
 - September 20 (Rappahannock)
 - October 26 (Culpeper)
- **The Dementia Toolbox: Understanding Dementia & Strategies for Care: Annual Dementia Education Conference – November 9, 2023**
- **(5 Over 50 Nominations due by January 2024)**
- **Annual 5 over 50 Celebration: May 1, 2023**



Watch for regular Zoom programs on **Tuesdays at Noon**, including Dementia Friends, Caregiver education, and Lifestyle informational programs. Visit our website for further info.



5 OVER 50 CELEBRATION

(10th year!)

Virtual Film & Live Watch Parties, MAY 17, 2023



created by:



CULPEPER
MEDIA NETWORK