



CAREGIVER RESOURCE REGISTRY

Culpeper, Fauquier, Madison, Orange &
Rappahannock Counties

(03/01/2023)

Susan Walters, RN, QMHP-A

Health & Caregiver Support Services Mgr

15361 Bradford Road

Culpeper, VA 22701

(540)825-3100, ext 3464

(540)717-6358, cell

As a service to our community, Rappahannock Rapidan Community Services (RRCS) maintains a list of available in-home care providers for our five-county catchment area. These individuals are not employees of RRCS but are independent providers who are seeking in-home employment. As such, RRCS does not provide background checks or drug screenings. It is the sole responsibility of the potential "employer" to contact, interview and negotiate terms of employment with the chosen individual. To be included in the RRCS Caregiver Resource Registry, individuals are required to fill out an application, provide three references and have all references verified. This resource registry is for informational purposes only and lists each individual's name, address, phone number, provided service(s), timeframe availability, experience/job training and preferred hourly rate.

Under "SERVICES OFFERED" you will find eight primary domains: companion care, housekeeping, meal preparation, minor home/lawn maintenance, personal care, respite, shopping/errands and transportation. If an individual is able to provide a service outside of these domains it will be added under the "SERVICES OFFERED" column. If an individual is offering all eight of the primary services, the word "ALL" will be used in that column.

The "EXPERIENCE" column lists employment, personal and/or practical experience. Licensed Practical Nurse (LPN) refers to someone who has completed a state approved certificate program and has passed the National Council Licensure Examination and has applied for licensure within the state in which they work. Certified Nursing Assistant (CNA), Personal Care Aide (PCA) and Registered Medication Aide (RMA) refer to those who have completed a Virginia Board of Nursing 120-hour Nurse Aide Training Program or an approved 40-hour Department of Social Services Direct Care Staff Training Program. Medical Assistant (MA) refers to someone who has completed and received a postsecondary nondegree award/certificate. On the Job (OTJ) experience refers to someone who has acquired their caregiving skills via life experience and/or situation.

RRCS hopes that this registry will be useful for your caregiver needs. If you have any questions, please do not hesitate to contact me. Also, if you, or someone you know, may be interested in providing in-home care services feel free to share my contact information. There is always a need for this incredibly valuable service.

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Culpeper County

Demographics	Services	Availability	Experience	Fee Range
Brown, Brenda 7439 Autumn Rd Rapidan 22733 (540)222-0348	Companion Care	Nights	CNA RMA	\$15/hr
Carter, Joyce 49 Academy Hill Rd Warrenton 20186 (540)316-8201	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings	CNA	\$20/hr
Dunn, Mary 1204 Belle Ave Culpeper 22701 (540)718-0753	Companion Care Shopping Transportation	Weekdays	OTJ	\$15/hr
Godoy, Pauline 6220 Buck Court Bealeton 22712 (540)827-8289	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings Nights	CNA	\$18-20/hr
Jackson, Lorrie 1804 Belle Ave Culpeper 22701 (540)717-4537/C (540)727-8355/H	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Weekends Evenings	OTJ	\$16/hr
Jewell, Linda 23931 Monrovia Rd Orange 22960 (540)522-5068	All	Weekdays Weekends Nights	CNA	\$20-27/hr

Culpeper County

Demographics	Services	Availability	Experience	Fee Range
Johnson, Ashley 145 Elm St Culpeper 22701 (703)220-4861	Companion Care Housekeeping Meal Prep Personal Care	Weekdays	PCA	\$12-15/hr
Johnson, Sheila 3125 Meander Run Rd Culpeper 22701 (540)792-1589	Housekeeping Meal Prep Medications Personal Care Respite Transportation	Weekdays	CNA	\$20/hr
Lam, Beth 589 Oak Park Rd Madison 22727 (540)407-1390	Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Saturdays	CNA	\$15-18/hr
Mason, Edna Culpeper 22701 (540)219-6121	Companion Care Housekeeping Meal Prep Personal Care Shopping Transportation	Weekdays Weekends	CNA	\$15-20/hr
Minor, Carol 16328 Brandy Rd Culpeper 22701 (540)229-9774	Personal Care Respite	Weekdays Saturdays	OTJ	\$18-22/hr
Muhammad, La-Verne 31 Flat Run Rd Locust Grove 22508 (540)395-9939	All	Weekdays	PCA	\$20/hr

Culpeper County

Demographics	Services	Availability	Experience	Fee Range
Pullen, Peggy Culpeper 22701 (540)219-3937	Housekeeping Meal Prep Personal Care Respite Shopping	Evenings Weekends	CNA	\$18/hr
Updike, Darlene 3528 Slate Mills Rd Sperryville 22740 (540)547-3559	Housekeeping Meal Prep Personal Care Shopping	Weekdays Evenings	OTJ	\$20-25/hr
Vernon, Beverly 10513 James Madison Hwy Culpeper 22701 (540)229-6991	Companion Care Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays	PCA	\$15-20/hr
Whitman, Katherine Culpeper 22701 (540)760-3446	Companion Care Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Evenings Weekends	MA BA/Psych MS/Counseling	\$22-23/hr
Williams, Geneva 221 W Edmondson St Culpeper 22701 (540)825-1699	Housekeeping Meal Prep Respite Shopping	Weekdays	OTJ	\$15-18/hr

Orange County

Demographics	Services	Availability	Experience	Fee Range
Brown, Brenda 7439 Autumn Rd Rapidan 22733 (540)222-0348	Companion Care	Nights	CNA RMA	\$15/hr
Godoy, Pauline 6220 Buck Court Bealeton 22712 (540)827-8289	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings Nights	CNA	\$18-20/hr
Jewell, Linda 23931 Monrovia Rd Orange 22960 (540)522-5068	All	Weekdays Weekends Nights	CNA	\$20-27/hr
Johnson, Sheila 3125 Meander Run Rd Culpeper 22701 (540)792-1589	Housekeeping Meal Prep Medications Personal Care Respite Transportation	Weekdays	CNA	\$20/hr
Lam, Beth 589 Oak Park Rd Madison 22727 (540)407-1390	Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Saturdays	CNA	\$15-18/hr
Muhammad, La-Verne 31 Flat Run Rd Locust Grove 22508 (540)395-9939	All	Weekdays	PCA	\$20/hr
Whitman, Katherine Culpeper 22701 (540)760-3446	Companion Care Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Evenings Weekends	MA BA/Psych MS/Counseling	\$22-23/hr

Rappahannock County

Demographics	Services	Availability	Experience	Fee Range
Carter, Joyce 49 Academy Hill Rd Warrenton 20186 (540)316-8201	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings	CNA	\$20/hr
Godoy, Pauline 6220 Buck Court Bealeton 22712 (540)827-8289	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings Nights	CNA	\$18-20/hr
Jewell, Linda 23931 Monrovia Rd Orange 22960 (540)522-5068	All	Weekdays Weekends Nights	CNA	\$20-27/hr
Updike, Darlene 3528 Slate Mills Rd Sperryville 22740 (540)547-3559	Housekeeping Meal Prep Personal Care Shopping	Weekdays Evenings	OTJ	\$20-25/hr
Whitman, Katherine Culpeper 22701 (540)760-3446	Companion Care Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Evenings Weekends	MA BA/Psych MS/Counseling	\$22-23/hr

Madison County

Demographics	Services	Availability	Experience	Fee Range
Brown, Brenda 7439 Autumn Rd Rapidan 22733 (540)222-0348	Companion Care	Nights	CNA RMA	\$15/hr
Godoy, Pauline 6220 Buck Court Bealeton 22712 (540)827-8289	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings Nights	CNA	\$18-20/hr
Jewell, Linda 23931 Monrovia Rd Orange 22960 (540)522-5068	All	Weekdays Weekends Nights	CNA	\$20-27/hr
Johnson, Sheila 3125 Meander Run Rd Culpeper 22701 (540)792-1589	Housekeeping Meal Prep Medications Personal Care Respite Transportation	Weekdays	CNA	\$20/hr
Lam, Beth 589 Oak Park Rd Madison 22727 (540)407-1390	Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Saturdays	CNA	\$15-18/hr
Updike, Darlene 3528 Slate Mills Rd Sperryville 22740 (540)547-3559	Housekeeping Meal Prep Personal Care Shopping	Weekdays Evenings	OTJ	\$20-25/hr
Whitman, Katherine Culpeper 22701 (540)760-3446	Companion Care Housekeeping Meal Prep Personal Care Respite Shopping	Weekdays Evenings Weekends	MA BA/Psych MS/Counseling	\$22-23/hr

Fauquier County

Demographics	Services	Availability	Experience	Fee Range
Carter, Joyce 49 Academy Hill Rd Warrenton 20186 (540)316-8201	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings	CNA	\$20/hr
Godoy, Pauline 6220 Buck Court Bealeton 22712 (540)827-8289	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Evenings Nights	CNA	\$18-20/hr
Jackson, Lorrie 1804 Belle Ave Culpeper 22701 (540)717-4537/C (540)727-8355/H	Housekeeping Meal Prep Personal Care Respite Shopping Transportation	Weekdays Weekends Evenings	OTJ	\$16/hr
Jewell, Linda 23931 Monrovia Rd Orange 22960 (540)522-5068	All	Weekdays Weekends Nights	CNA	\$20-27/hr

Local In-Home Care Agencies

Agency	Service Area(s)	Payment Options
A Brighter Day Home Care 10617 Jones St, #301A Fairfax 22030 (540)359-6422	Fauquier Loudoun Fairfax	Private Pay Medicaid VA Benefits LTC Insurance
Acti-Kare 14115 Lovers Lane, #110 Culpeper 22701 (540)727-0024	Culpeper Orange Madison Rappahannock Fauquier Louisa Greene	Private Pay LTC Insurance
Advantage Care 170 W Shirley Ave, #202 Warrenton 20186 (540)228-1690	Culpeper Rappahannock Fauquier Warren Woodbridge Manassas	Private Pay Medicaid
AmeriCare Plus 321 N Madison Rd Orange 22960 (540)661-0232	Culpeper Orange Madison Rappahannock Fauquier Louisa Greene	Private Pay Medicaid VA Benefits LTC Insurance
At Home Care 198 Spotnap Rd, #C-5 Charlottesville 22911 (434)327-4610	Culpeper Albemarle Fredericksburg Madison Orange	Private Pay Medicaid VA Benefits LTC Insurance
Caring Senior Svcs of NoVA 14540 John Marshall Hwy, #208 Gainesville 20155 (571)222-5050	Fauquier Haymarket Manassas Woodbridge Leesburg	Private Pay VA Benefits LTC Insurance

Local In-Home Care Agencies

Agency	Service Area(s)	Payment Options
Cleansing Water at Maydann 30 Main St, #234 Warrenton 20186 (540)341-0212	Culpeper Fauquier Warren Rappahannock Prince William	Private Pay VA Benefits LTC Insurance
FirstLight Home Care 50 Culpeper St, #A Warrenton 20186 (540)579-7570	Culpeper Fauquier Orange Prince William Stafford	Private Pay VA Benefits LTC Insurance
Home Instead 1300 Sunset Lane, #3220 Culpeper 22701 (540)825-7180	Culpeper Orange Madison Rappahannock	Private Pay VA Benefits LTC Insurance
Hope In Home Care 1010 S Main St Culpeper 22701 (540)718-9003	Culpeper Orange Fauquier Rappahannock Spotsylvania	Private Pay Medicaid VA Benefits
Interim Healthcare 103 S Pantops Dr, #205 Charlottesville 22911 (434)295-5501	Culpeper Albemarle Orange Madison Fredericksburg	Private Pay Medicaid VA Benefits LTC Insurance
Mid Atlantic Home Health 25 Winchester St Warrenton 20186 (540)347-4774	Culpeper Fauquier Warren Fredericksburg	Private Pay Medicaid LTC Insurance
Visiting Angels 1952 William St Fredericksburg 22401 (540)701-1558	Locust Grove Southern Fauquier	Private Pay Medicaid VA Benefits



**GENERATIONS
CENTRAL
ADULT DAY CENTER**

- Engaging programs and care for Older Adults who are isolated, frail or living with physical or cognitive impairments.
- A safe place where Older Adults feel valued and caregivers feel confident taking respite.
- M-W-Th-Fr 8a-4p
- Tuesdays 10a-2p

GenerationsCentral.org

540-403-0557

318 S West Street

Culpeper, VA